



# Rooted

## Frequently Asked Questions

### What is discipleship?

Jesus told his disciples to 'Come, follow me'. Disciples are the ones who had been with Jesus. They spent time with him and learned to live life as he did, beloved by the Father, and releasing the kingdom everywhere they went. First and foremost, we are disciples of Jesus, learning how to live in his good kingdom. That's the heart behind Rooted – we want to grow as disciples. We want to follow Jesus and live as he did.

### Who is Rooted for?

Rooted is for anyone who calls Trent home who is aged mid 30s and beyond, whether you've been following Jesus for decades, or are relatively new to faith. It involves giving a day a week to learning, serving and growing in relationship with God. Our heart is that what God does in each of us will overflow and impact the world around us.

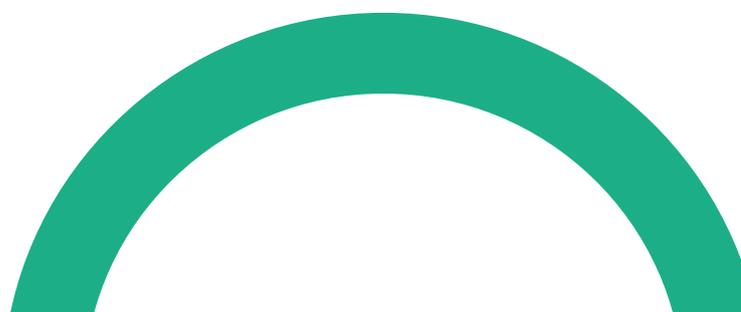
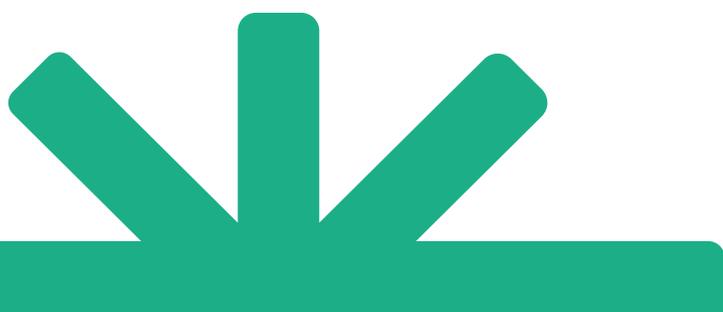
### What is the content of Rooted?

We follow the academic year breaking our content into three terms, running from September until July. Each week is made up of teaching, discussion, practice, prayer, and ministry times together.

**Term 1:** growing deeper roots in Jesus. This term is all about foundational rhythms of life with Jesus, based on spiritual disciplines and practices.

**Term 2:** rooted in identity and story. Here we explore our individual story, who we are in Christ with the gifts God shapes and provides, and how we fit into God's bigger story.

**Term 3:** empowered by the Spirit. Here we explore God's mission on Earth through his church, how we can take our place and grow in his kingdom ministry, empowered by the Holy Spirit.





## Will I get to serve at Trent?

Those on Rooted have opportunities to serve in our compassion ministry and also in other church contexts, such as leader's gatherings and the Carol Service. We encourage those on Rooted to find places they love to serve, both in Church and in the community.

Our heart is to raise up disciples who carry the Kingdom of God into their local context. Alongside serving within Trent we will be exploring how each of us is called to serve in other creative ways, both big and small, wherever God has placed us.

## Who is the team?

Rooted is led by a team of people passionate about following Jesus wholeheartedly and encouraging others to grow deeper in their faith. Cathay Burnside leads a team committed to seeing disciples grow, live out their gifting and step into God's calling.

We also regularly have teaching input from others within Trent who have experience in a particular area, so together we get to learn and grow alongside a diverse variety of people.

## What are the requirements?

Rooted is open to those who call Trent home. When we set aside time to grow and be stretched it's important to already be planted in community and growing in the context God has placed us.

In light of that for those considering Rooted we ask that you be

1. Part of a small group
2. Serving somewhere in Trent
3. Giving financially

Each of these are not simply a tick box exercise, instead they are ways God shapes us in our church family. Disciples are those who value growth in community, who love and serve, and who practice worship and generosity by giving and we value each of these areas. If you aren't able to meet these criteria but would still be interested in Rooted please get in touch and we can have a conversation.





## What is the time commitment?

Rooted meets every Thursday in school term time from 9.30am-3pm from September until July. Some weeks there will also be reading or short practices to complete ahead of meeting together.

As well as this, there are serving opportunities such as leaders' meetings and the Carol Service, which Rooted gets to be part of. We encourage those applying to think about your availability next year and whether you can make space in your diary to prioritise Rooted.

## How many people usually take part each year?

There is no official limit to the numbers, we want to prayerfully explore with each person individually to see if this is what God is calling them to for next year. Previous years have tended to have between 10-20 people.

## What do I do next?

If you'd like to attend our Info Event sign up [here](#).

If you'd like to submit an application form please click [here](#).

We encourage anyone considering the year to have a chat with close family and their small group leaders to ask for their wisdom and prayers as you take your next steps and to begin asking God what he might want to do in and through you in Rooted in the coming year.

After the application deadline (Friday 23rd June) our team will be in touch to arrange a date and time for a conversation – the purpose of this is to hear a bit more about you, to ask any questions we might have from your application form and also to give more information about the year.

We believe a year like Rooted can be hugely significant and we have seen such wonderful things as God moves. We know it's a big decision and can be an exciting time to begin to ask what's next. If you have any questions please get in touch with the Rooted team via [cathay.burnside@trentvineyard.org](mailto:cathay.burnside@trentvineyard.org) and we'd love to help.

