

# Donations!

## What to get and when to give

### Donate Food

If you would like to donate, please add a few items to your basket and drop it down to The Arches and we will make sure that it goes to those who need it most.

### Please shop responsibly from this list and only add one or two of each item.

Tinned meat or fish

Meals in a tin (curry, stew, pie, vegetarian)

Tinned vegetables and fruit

Rice pudding/sponge pudding

Pasta, rice or instant mashed potatoes

Pasta sauce

Cereal

UHT milk

Chunky soup/baked beans/tinned spaghetti

Tea bags/instant coffee/sugar

Biscuits

Fruit juice

Toiletries: roll-on deodorant, toilet paper, shower gel, shampoo, toothbrushes, toothpaste, sanitary towels and tampons

Household items: washing up liquid, anti-bacterial surface spray, j-cloths, liquid laundry detergent, hand wash, and toilet cleaner

Baby supplies: nappies, baby wipes and baby food

### Dropping it down:

We're taking social distancing seriously and there will be a one-way system in place that allows you to stay safe. Please come to The Arches building during these hours, and use the Youth Centre gates on Lenton Lane

### Collection Donations:

We understand that there are those who would like to donate but are unable to drop donations down for a variety of reasons. If this is the case, please email [compassion@trentvineyard.org](mailto:compassion@trentvineyard.org), telling us which area you live in and we will be in touch.

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
09:00 till 12:00	09:00 till 12:00	Closed	09:00 till 12:00	09:00 till 12:00	Closed	Closed